## **GARLIC BREAD & ANTIPASTI**

7.25

**NEW** Garlic Dough Balls (V)

Homemade dough balls with garlic butter, vegetarian Parmesan and a basil aioli dip

**Garlic Bread** 

Soft and light sourdough drizzled with homemade garlic butter, perfect for one, or sharing

**Cheesy Garlic Bread** 

Soft and light sourdough drizzled with homemade garlic butter and mozzarella

Vegan Garlic Bread 🕦

Soft and light sourdough drizzled with our homemade garlic oil

Bruschetta VE 220 KCAL 6.95

Toasted ciabatta with cherry tomatoes, garlic, fresh basil and rocket

Bruschetta Gamberetti 345 KCAL Toasted ciabatta with grilled king prawns, cherry tomatoes, garlic, fresh basil, rocket

Bruschetta Mozzarella 430 KCAL Toasted ciabatta with buffalo mozzarella, basil pesto, cherry tomatoes, garlic and fresh basil

Limone Chicken Skewers 466 KCAL 7.75 Grilled chicken breast, served with our homemade garlic herb dip

## INSALATA

Salad Oversing cesare 470 KCAL / rocket-mustard 340 KCAL (V) / balsamic 415 KCAL (V)

Caprese 405 KCAL SWAP YOUR MOZZARELLA FOR BURRATA 180 KCAL 11.75 Cherry tomatoes topped with buffalo mozzarella, fresh basil, rocket, a drizzle of extra virgin olive oil and balsamic vinegar

Mista Della Casa V 180 KCAL WE WHEN ORDERED WITHOUT CHEESE 65KCAL

Colourful mixed leaf salad bursting with a variety of vegetables, topped with vegetarian parmesan

Cesare 180 KCAL Cos lettuce and our homemade ciabatta croutons, topped with Grana Padano

Chicken Cesare 365 KCAL 12.95 Grilled chicken, cos lettuce, our homemade ciabatta croutons, Grana Padano

Mista Piccola 40 KCAL VE 5.95 Leafy side salad with cherry tomatoes and grated carrot

**ADD EXTRAS** 

Chicken +3.50 planted. 'Chicken' +3.50 King Prawns +3.75 Hot Smoked Salmon +3.95

## **GNOCCHI & LASAGNA**

**NEW** Gnocchi Pomodoro (15)

Our Italian tomato sauce and roasted cherry tomatoes

**NEW** Gnocchi di Funghi 12.95 Mushrooms tossed in a herby cream

with sweet onions

**(VE) ALSO AVAILABLE AS VEGAN** 

Classic Lasagna 710 KCAL

Our classic beef ragù lasagna, made with a red wine and Italian tomato sauce

VAPIANO KICS

Antipasti, Main & Drink £7.95

**ANTIPASTI** 

Crudités with Pesto or Tomato Dip V Cucumber and carrot sticks

**PASTA** 

Butter & Cheese (V) Pesto Basilico (V) Bolognese

**PIZZA** 

Margherita (V) Pepperoni **Prosciutto Ham** 

ADD A DESSERT? £3

+ Orange or Apple Juice

**Bastoni Nutella (V)** Warm dough sticks with Nutella dip For ages 10 & under, T&C's apply

V Vegetarian VE Vegan



All prices are in GBP sterling and include VAT.





## THE HOME OF **HANDMADE FRESH PASTA**

We make our own fresh pasta here every single day, using premium durum wheat semolina and water. Our pasta and pizza sauce are made to our own recipe from tomatoes harvested in Emilia Romagna.

#### CHOOSE YOUR PASTA SHAPE



14.95

13.95

11.95

14.95

13.75

# Your Favourites

Gamberetti e Spinaci

wheat 1140 KCAL / zoodles 860 KCAL King prawns in our homemade mascarpone and basil pesto sauce, Grana Padano, fresh spinach, roasted cherry tomatoes and finished with a squeeze of lemon

Bolognese

wheat 745 KCAL / zoodles 465 KCAL Our classic beef ragù with onions, carrots, roasted cherry tomatoes, our tomato sauce, red wine & fresh basil

All'arrabbiata 🐠

wheat 510 KCAL / zoodles 230 KCAL Our Italian tomato sauce, fresh garlic, chilli and roasted cherry tomatoes

Carbonara

wheat 935 KCAL / zoodles 655 KCAL A classic from Rome, Pancetta, free range egg yolk, Grana Padano, cream and fresh parsley

Chicken Alfredo

wheat 1035 KCAL / zoodles 755 KCAL Garlic and rosemary marinated chicken breast, cooked with onions, free-range egg yolk, mushrooms, fresh cream and Grana Padano

13.75

13.95

15.75

12.75

14.95

15.25

(VE) ALSO AVAILABLE AS VEGAN

planted. 'chicken' pieces cooked in our vegan cream sauce with mushrooms

Aglio e Olio (®

wheat 540 KCAL / zoodles 260 KCAL So simple, so classically Italian. Garlic, extra virgin olive oil and fresh parsley

Pomodoro (16)

wheat 565 KCAL / zoodles 285 KCAL Our Italian tomato sauce and roasted cherry tomatoes

**NEW Pollo Tuscana** 

Garlic and rosemary marinated chicken cooked in a spicy 'nduja tomato sauce, with whipped ricotta, roasted cherry tomatoes and fresh spinach

Gamberetti

wheat 565 KCAL / zoodles 285 KCAL Pan-fried king prawns cooked in a roasted cherry tomato sauce, with lemon and fresh parsley

Vegan Bolognese 🐠

wheat 715 KCAL / zoodles 435 KCAL Plant-based mince in our Italian tomato sauce, red wine, onions, carrots, roasted cherry tomatoes and fresh basil **NEW Speciale Beef Ragù** Our slow-cooked beef and porcini

mushroom raqù Crema di Funghi (V)

wheat 1105 KCAL / zoodles 825 KCAL

Fresh mushrooms cooked in garlic with a herby cream & porcini sauce and vegetarian parmesan

(VE) ALSO AVAILABLE AS VEGAN wheat 915 KCAL / zoodles 635 KCAL

Pesto Basilico V 11.95

wheat 470 KCAL / zoodles 190 KCAL Our homemade basil pesto with toasted pine nuts

**NEW Hot Smoked Salmon** Hot smoked salmon in our herby

cream, garlic oil and a squeeze of fresh lemon

Cognac

Chicken breast and pancetta cooked in a creamy tomato sauce, roasted cherry tomatoes, peas and Cognac

**ADD EXTRAS** 

King Prawns +3.75

Chicken +3.50

planted. 'Chicken' +3.50 Hot Smoked Salmon +3.95 \*per 70a servina

## **LIGHT SOURDOUGH PIZZA**

Our pizza sauce is made to our own recipe from tomatoes harvested in Emilia Romagna. **SWAP FOR VEGAN CHEESE +1.50** 

Add a homemade dip: Harissa Mayo, Pesto & White Truffle, or Basil Aioli +1.30

Margherita (V)

1300 KCAL Il classico! Our Italian tomato sauce, mozzarella, drizzled with fresh basil oil

(VE) ALSO AVAILABLE AS VEGAN

**NEW** Signature Margherita **(V)** Fior di latte mozzarella, dressed

cherry tomatoes, and a drizzle of fresh, homemade hasil aioli

Pepperoni 14.75

mozzarella 1465 KCAL / vegan cheese 1460 KCAL Pepperoni on our Italian tomato sauce base with mozzarella and a chilli honey drizzle

**NEW La Carne Piccante** 

Pepperoni, prosciutto cotto and 'nduia on our Italian tomato sauce base with mozzarella, jalapeño, salsa verde

**NEW Prosciutto e Funghi** Ham and seasonal mushrooms.

topped with crispy prosciutto, Grana Padano and chives

NEW Funahi 🔍

12.75

mozzarella 1355 KCAL / vegan cheese 1350 KCAL Our white pizza with a herby cream, mushrooms, egg, and smoked mozzarella

**BBO Pollo** 14.95

mozzarella 1455 KCAL / vegan cheese 1450 KCAL Garlic and rosemary marinated chicken on our tomato sauce base, topped with pickled red onion, smoked mozzarella, salsa verde and a harissa BBQ drizzle

Vegan BBO Pollo 100

15.25

vegan cheese 1370 KCAL

planted. 'chicken' on our Italian tomato sauce base, pickled red onion, vegan mozzarella, salsa verde and a harissa BBQ drizzle

**NEW Pizza Polpette** 

gremolata

14.25 Seasoned lamb meatballs and green olives with a rosemary, crispy caper and garlic

## **HOW TO ORDER**

All our food is cooked fresh, exactly as you like it. Extra chilli? Sure. No garlic? No problem. Dishes are served as soon as they are cooked so may arrive at slightly different times.

Allergens? Let us know!



### **DOLCI & GELATO**

Tiramisù della Casa 175 KCAL Contains alcohol Our handmade classic Italian dessert

made with mascarpone, coffee & Amaretto liqueur

Crema di Fragola 150 KCAL Creamy mascarpone with fresh strawberries

Crema di Biscoff © 350 KCAL 4.95 Crema di Biscoff topped with biscoff® hisquit & crumbs

Layered coffee, vanilla and mascarpone cheesecake, topped with coffee fudge

Tiramisù Cheesecake V 578 KCAL 6.95

SNO♥FLAKE Luxury Gelato 4.95

Mint Chocolate 240 KCAL V

Vanilla 225 KCAL (V)

Mango Sorbetto 165 KCAL VE

Please note our fresh pasta is egg free. We advise that if you have any food allergies or intolerances, please speak to our team. Our Grana Padano is unpasteurised. The vegetarian Italian hard cheese is pasteurised. For full nutritional information please visit our website: vapiano.co.uk. KCAL is based on individual servings.

4.95

Adults need around 2,000 KCAL a day.