

ANTIPASTI

BASTONE & DIPS 925 kcal 6.15

warm dough sticks with homemade dips: pesto & white truffle, garlic & herb, harissa mayo

BRUSCHETTA 220 kcal 6.45

two pieces of toasted ciabatta bread, marinated tomatoes, garlic, basil, rocket

BRUSCHETTA GAMBERETTI 345 kcal 8.45

two pieces of toasted ciabatta bread, grilled king prawns, marinated tomatoes, garlic, basil, rocket

BRUSCHETTA MOZZARELLA 430 kcal 8.45

two pieces of toasted ciabatta bread, buffalo mozzarella, basil pesto, marinated tomatoes, garlic, basil, rocket

GARLIC BREAD 975 kcal 6.15

drizzled with garlic oil & rosemary

GARLIC BREAD WITH CHEESE 1010 kcal 7.25

mozzarella & drizzled with garlic oil

INSALATA

Salad Dressing

choice of Cesare dressing (470 kcal), rocket-mustard (340 kcal)
or balsamic (415 kcal) with any insalata

MISTA PICCOLA 40 kcal 5.95

mixed leaf salad, cherry tomatoes, grated carrot

CAPRESE 405 kcal 9.95

cherry tomatoes, buffalo mozzarella, basil, rocket, sprinkle of extra virgin olive oil & balsamic vinegar

REEF'N BEEF 400 kcal 13.45

beef fillet & king prawns, grilled vegetables, cherry tomatoes, spring onions, mixed leaves, Italian hard cheese

MISTA DELLA CASA 105 kcal (with Italian hard cheese) 9.45

WHEN ORDERED WITHOUT CHEESE kcal 65

mixed leaf salad, cherry tomatoes, grated carrot, cucumber, zucchini, bell peppers, radish, mushroom, rocket, Italian hard cheese, spring onion, red onions

CESARE 180 kcal 10.45

cos lettuce, homemade croutons, Italian hard cheese

ADD EXTRAS
CHICKEN 185 kcal* +2.95
KING PRAWNS 80 kcal* +3.35
FILLET BEEF 135 kcal* +3.65
*per 70grams serving

RISOTTO

RISOTTO AL FUNGHI 965 kcal 11.95

ALSO AVAILABLE AS VEGAN 750 kcal

mushrooms, rosemary, balsamic onions, garlic oil, white wine, cream, butter, Italian hard cheese, nutmeg, parsley

CLASSIC LASAGNE

LASAGNE 710 kcal 13.45

our classic beef ragù, bechamel sauce, Italian hard cheese, mozzarella

Vegetarian Vegan

All prices are in GBP sterling and include VAT.

@VapianoUK
vapiano.co.uk

Handmade FRESH PASTA

We make our own fresh pasta here every single day using premium durum wheat semolina & fresh water. Our pasta & pizza sauce are made to our own recipe from tomatoes harvested in Emilia Romagna. We simply add extra virgin olive oil, basil, salt & pepper for the perfect taste.

CHOOSE YOUR HANDMADE PASTA SHAPE



Fusilli



Spaghetti



Penne



Campanelle



Linguini



Tagliatelle



Zoodles



Spelt Fusilli

ADD: ITALIAN HARD CHEESE 40 kcal for 10grams

One portion complimentary with any pasta

COGNAC wheat 1150 kcal / spelt 1125 kcal / zoodles 870 kcal 14.45

bacon, chicken, onions, spring onions, garlic, cognac, tomato sauce, cream, peas

AGLIO E OLIO wheat 540 kcal / spelt 515 kcal / zoodles 260 kcal 8.45

garlic oil, parsley

VEGAN BOLOGNESE wheat 715 kcal / spelt 690 kcal / zoodles 435 kcal 12.95

plant-based 'Future Farm' mince, onions, carrots, cherry tomatoes, tomato sauce, basil

ADD EXTRAS
CHICKEN 185 kcal* +2.95
KING PRAWNS 80 kcal* +3.35
FILLET BEEF 135 kcal* +3.65
*per 70grams serving

Handmade SOURDOUGH PIZZA



New lighter sourdough pizza base

SWAP FOR VEGAN CHEESE +1.00

MARGHERITA mozzarella 1300 kcal / vegan cheese 1295 kcal 10.45

tomato sauce, mozzarella

PROSCIUTTO E FUNGHI mozzarella 1350 kcal / vegan cheese 1345 kcal 12.95

prosciutto, mushrooms, tomato sauce, mozzarella

SALAME mozzarella 1465 kcal / vegan cheese 1460 kcal 12.45

salami, tomato sauce, mozzarella

FUNGHI mozzarella 1355 kcal / vegan cheese 1350 kcal 11.95

mushrooms, tomato sauce, mozzarella

Your Favourites

ALL'ARRABBIATA wheat 510 kcal / spelt 485 kcal / zoodles 230 kcal 9.95

tomato sauce, garlic, onions, chilli

GAMBERETTI E SPINACI wheat 1140 kcal / spelt 1115 kcal / zoodles 860 kcal 13.95

king prawns, onions, cream, Italian hard cheese, nutmeg, fresh spinach, cherry tomatoes, basil pesto

BOLOGNESE wheat 745 kcal / spelt 720 kcal / zoodles 465 kcal 12.95

our classic beef ragù, onions, carrots, cherry tomatoes, tomato sauce, basil

CARBONARA wheat 935 kcal / spelt 915 kcal / zoodles 655 kcal 12.95

bacon, onions, cream, Italian hard cheese, egg yolk, parsley

CHICKEN ALFREDO wheat 1035 kcal / spelt 1010 kcal / zoodles 755 kcal 12.95

chicken, mushrooms, balsamic onions, garlic, cream, Italian hard cheese, egg yolk, nutmeg, parsley

CREMA DI FUNGHI wheat 1105 kcal / spelt 1080 kcal / zoodles 825 kcal 11.45

ALSO AVAILABLE AS VEGAN wheat 915 kcal / spelt 890 kcal / zoodles 635 kcal

mushrooms, balsamic onions, garlic oil, white wine, cream, butter, nutmeg, parsley

FILETTO DI MANZO E RUCOLA wheat 685 kcal / spelt 660 kcal / zoodles 405 kcal 14.45

beef fillet, rosemary, mushrooms, zucchini, carrots, balsamic onions, white wine, rocket, spring onion

PESTO BASILICO wheat 470 kcal / spelt 445 kcal / zoodles 190 kcal 11.45

roasted pine nuts, our homemade basil pesto

POMODORO wheat 565 kcal / spelt 540 kcal / zoodles 285 kcal 11.95

cherry tomatoes, tomato sauce, balsamic onions

GAMBERETTI wheat 765 kcal / spelt 740 kcal / zoodles 485 kcal 13.95

king prawns, cherry tomatoes, spring onions, tomato sauce, chilli, rosemary, lemon

ADD HOMEMADE DIP +1.30
HARRISA MAYO 70 kcal*
PESTO & WHITE TRUFFLE 105 kcal*
GARLIC & HERB 65 kcal*
*per 50grams serving

BBQ CHICKEN mozzarella 1455 kcal / vegan cheese 1450 kcal 13.95

BBQ chicken, red onions, smoked cheese, tomato sauce, marinated tomatoes, mozzarella

DIABOLO mozzarella 1515 kcal / vegan cheese 1510 kcal 13.95

pepperoni salami, bell peppers, hot green pepper, red onions, tomato sauce, mozzarella

CALZONE mozzarella 1190 kcal / vegan cheese 1185 kcal 15.45

prosciutto, pepperoni salami, mushrooms, tomato sauce, mozzarella

VERDURE mozzarella 1345 kcal / vegan cheese 1340 kcal 11.45

roasted vegetables, red onion, mushroom, tomato sauce, mozzarella

Please note our handmade pasta is egg free. We advise that if you have any food allergies or intolerances, please speak to our team. Italian hard cheese is unpasteurised. For full nutritional information please visit our website: vapiano.co.uk. kcal is based on individual servings.

Adults need around 2,000kcal a day.

VAPIANO kids

Meal & drink for 7.95
Please ask for a kids menu